



Maryland Older Driver Safety

Pathway to Driving Longevity:



Helping Mature Drivers Find Their Safest Fit



Fran Carlin-Rogers

Senior Transportation Consultant

Orlando Florida

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Managing Change

Goal: begin thinking about driving safety

Sooner rather than later...



Educate yourself

Determine "what's going on?"

Begin conversations

Overview

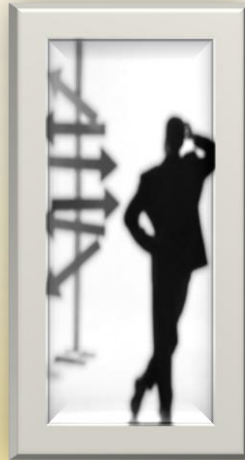
- **Education activity**
 - **Comfort & safety in your vehicle**
 - **Recommendations...**
 - no changes
 - **Community resource information**
- **NOT driver skill evaluation**



What We are Learning about drivers...

National Data (n=7,972)

- **2/3 between 65-84**
- **1/3 have taken driver safety course**
- **SB discomfort:**
 - **9% all drivers**
 - **13% age 85+**



Florida (n=1,400)

- **Mirror adjustment**
- **Steering wheel tilt**
- **SB discomfort**
- **LOS over wheel**
- **Vehicle controls**

Connectivity to Available Resources in Your Area

- Relevant suggestions to driver at check out
- Adaptive devices may help
- Overview of Role of OT/ CDRS
- Local Resource Guide
- Development of partner network





Quick Questions for You about CarFit

*Instructions: Please complete the survey & return in the stamped addressed envelope provided.
Your comments are anonymous and will help us improve the program for future participants.
Please note that your participation in this survey is entirely voluntary.*

What city or town was your CarFit event held in? _____ Date _____

1. Was CarFit useful to you? Yes No
2. How would you rate the event itself?
 Excellent Good OK Mixed Poor
3. Did you learn anything at CarFit you were unaware of before? Yes No
if yes: Mirrors Seatbelt General Safety Vehicle Steering Wheel Tilt
 Other: _____
4. Did the CarFit volunteers make any suggestions to you? Yes No
5. Did you make any changes to your vehicle based on what you learned? Yes No
if yes: Seatbelt Mirrors Steering Wheel Tilt Multiple changes
6. Have you told anyone else about your CarFit experience? Yes No
if yes: family friends Others: _____
7. Did you learn about any adaptive devices at CarFit? Yes No
if yes which: Seatbelt cushion Seatbelt Handle Handibar Seat cushion Multiple
8. Do you plan to use any of the adaptive devices you saw at CarFit? Yes No
9. Was the educational information you received, useful? Yes No
it was: Too Much Too Little An Acceptable Amount Not Helpful
10. Do you think you are a safer driver because you came to CarFit? Yes No

Please tell us about yourself:

- a. Gender: Male Female
- b. Age Group: less than 65 65 - 74 75 - 84 85+

Are there any other comments you would like to share?

Thanks very much for your time



Funding provided by the Florida Department of Transportation.

Florida Driver Survey Responses (3/12-12/12)

29 events/9 months

491 participants

321 total responses

65% return rate!

Age of respondents:

- **<65: 12.50%**
- **65-74: 26.25%**
- **75-84: 42.19%**
- **85+: 19.06%**

	Yes	No	NA
Q1: Was CarFit useful to you?	89.1 %	0.31 %	10.59 %
Q3: Did you learn anything at CarFit you were unaware of before?	49.53 %	18.69 %	31.78 %
Q5: Did you make any changes to your vehicle based on what you learned?	58.26 %	30.53 %	11.21 %
Q6: Have you told anyone else about your CarFit experience?	62.62 %	29.60 %	7.79 %

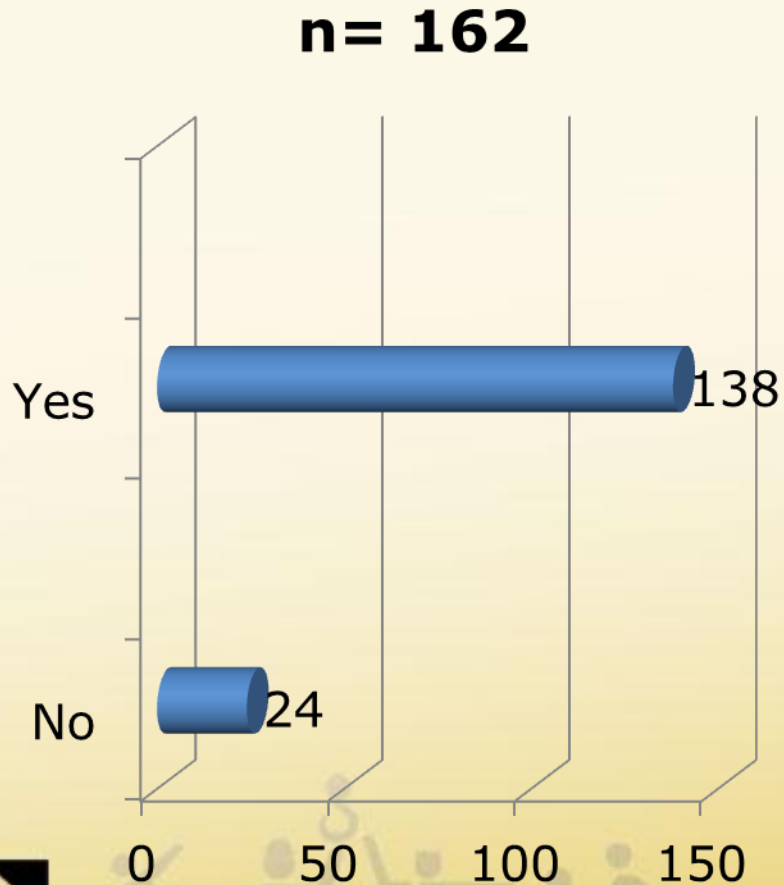
Quotes from Florida Drivers

- **“I consider myself a safe driver, but going to CarFit made me more comfortable in the car by adjusting the steering wheel. The airbag will not hit me in the face if I get into an accident.”**
- ***“How valuable this program is to come to senior adult facilities to remind us about car safety. I’m thankful for each volunteer.”***

“Informative. Good review. I learn something every day or I surely must be dead.”



Trainee Question: Will You Change anything in your own vehicle?



Quotes from Trainees:

- ***I will help my grandparents with their cars***
- ***Mirror adjustment training was very helpful***
- ***...the way I wear my seatbelt & how far I distance myself from the wheel***
- ***I was shocked to learn how "off" my mirrors were!***
- ***Make sure my children & husband know this stuff***



Summary

- Think about driving safety **sooner rather than later**
- Catalyst for conversations
- Connectivity
- Meaningful experience for drivers & volunteers
- **Fun! Free! Fast!**

