

Maryland Older **Driver Safety**

Pathway to Driving Longevity:



Helping Mature Drivers Find Their Safest Fit







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Managing Change

Goal: begin thinking about driving safety

Sooner rather than later...

Educate yourself

Determine "what's going on?"

Begin conversations











- Education activity
 - Comfort & safety in your vehicle
 - Recommendations...
 - no changes
 - Community resource information
- NOT driver skill evaluation



What We are Learning about drivers...

National Data(n=7,972)

- 2/3 between 65-84
- 1/3 have taken driver safety course
- SB discomfort:
 - 9% all drivers
 - 13% age 85+

Florida (n=1,400)

- Mirror adjustment
- Steering wheel tilt
- SB discomfort
- LOS over wheel
- **Vehicle controls**



Connectivity to Available Resources in Your Area

- Relevant suggestions to driver at check out
- Adaptive devices may help
- Overview of Role of OT/ CDRS
- Local Resource Guide
- Development of partner network





Quick Questions for You about CarFit

Instructions: Please complete the survey & return in the stamped addressed envelope provided. Your comments are anonymous and will help us improve the program for future participants.

Please note that your participation in this survey is entirely voluntary.

Was CarFit useful to yo	u?			Elec-	-
				Yes	□ No
Excellent	e event itself?	□ ок	Mixe	ed	Poor
Did you learn anything	at CarFit you w	ere unaware of l	pefore?	Yes	No
If yes: Mirrors Other:	Seatbelt	General Sa	fety 🔲 Vehic	de 🔲s	teering Wheel Tih
Did the CarFit volunteer	rs make any su	ggestions to you	,	Yes	No
Did you make any chan	ges to your veh	icle based on wh	nat you learned?	Yes	□ No
If yes: Seatbelt	Mirrors	Steering W	heel Tilt 🔲 Mu	Itiple chang	ges
Have you told anyone e	else about your	CarFit experience	e?	□Yes	□ No
If yes: family	friends	Others:			
	v adaptive device	ces at CarFit?		□Yes	□No
The second secon			e Handibar 🛭	Seat cush	ion Multiple
9. Was the educational information you received, useful?				□Yes	■ No
It was: Too Much	п 🔲 то	oo Little	An Acceptab	le Amount	Not Helpful
Do you think you are a	safer driver bed	ause you came t	to CarFit?	□Yes	No
se tell us about yourse	if:	35		3-31	Na NE
a. Gender:	lale	Female			
b. Age Group:	ss than 65	□ 65 – 74	75 - 8	4	85+
there any other comme	ents you would	like to share?			
	Did you learn anything If yes: Mirrors Other: Did the CarFit volunteer Did you make any chan If yes: Seatbelt Have you told anyone of If yes: family Did you learn about any If yes which: Sea Do you plan to use any Was the educational in It was: Too Mucl Do you think you are a see tell us about yourse a. Gender: Web. Age Group: Ile	Did you learn anything at CarFit you w If yes: Mirrors Seatbelt Other: Did the CarFit volunteers make any su Did you make any changes to your veh If yes: Seatbelt Mirrors Have you told anyone else about your If yes: family friends Did you learn about any adaptive devic If yes which: Seatbelt cushion Do you plan to use any of the adaptive Was the educational information you It was: Too Much To Do you think you are a safer driver becase tell us about yourself: a. Gender: Male b. Age Group: less than 65	Did you learn anything at CarFit you were unaware of I If yes: Mirrors Seatbelt General Sar Other: Did the CarFit volunteers make any suggestions to your Did you make any changes to your vehicle based on what If yes: Seatbelt Mirrors Steering W Have you told anyone else about your CarFit experience If yes: family friends Others; If yes which: Seatbelt cushion Seatbelt Handle Do you plan to use any of the adaptive devices you saw Was the educational information you received, useful? It was: Too Much Too Little Do you think you are a safer driver because you came to use tell us about yourself: a. Gender: Male Female	Did you learn anything at CarFit you were unaware of before? If yes: Mirrors Seatbelt General Safety Vehice Other: Did the CarFit volunteers make any suggestions to you? Did you make any changes to your vehicle based on what you learned? If yes: Seatbelt Mirrors Steering Wheel Tilt Mu Have you told anyone else about your CarFit experience? If yes: family friends Others; Did you learn about any adaptive devices at CarFit? If yes which: Seatbelt cushion Seatbelt Handle Handibar Do you plan to use any of the adaptive devices you saw at CarFit? Was the educational information you received, useful? It was: Too Much Too Little An Acceptab Do you think you are a safer driver because you came to CarFit? ise tell us about yourself: a. Gender: Male Female b. Age Group: Gess than 65 Gesset and Safety Tools To	Did you learn anything at CarFit you were unaware of before? If yes: Mirrors Seatbelt General Safety Vehicle Solution Other: Did the CarFit volunteers make any suggestions to you? Did you make any changes to your vehicle based on what you learned? Ves If yes: Seatbelt Mirrors Steering Wheel Tilt Multiple change Have you told anyone else about your CarFit experience? If yes: family friends Others; Did you learn about any adaptive devices at CarFit? If yes which: Seatbelt cushion Seatbelt Handle Handibar Seat cush Do you plan to use any of the adaptive devices you saw at CarFit? Yes Was the educational information you received, useful? It was: Too Much Too Little An Acceptable Amount Do you think you are a safer driver because you came to CarFit? Yes ase tell us about yourself: a. Gender: Male Female b. Age Group: less than 65 65 74 75 84

Thanks very much for your time



Funding provided by the Florida Department of Transportation.

Florida Driver Survey Responses (3/12-12/12)

29 events/9 months
491 participants
321 total responses
65% return rate!

Age of respondents:

• <65: 12.50%

• 65-74: 26.25%

• 75-84: 42.19%

• *85+:* 19.06%

	Yes	No	NA
Q1: Was CarFit useful to you?	89.1 %	0.31 %	10.59 %
Q3: Did you learn anything at CarFit you were unaware of before?	49.53 %	18.69	31.78 %
Q5: Did you make any changes to your vehicle based on what you learned?	58.26 %	30.53 %	11.21 %
Q6:Have you told anyone else about your CarFit experience?	62.62 %	29.60	7.79 %

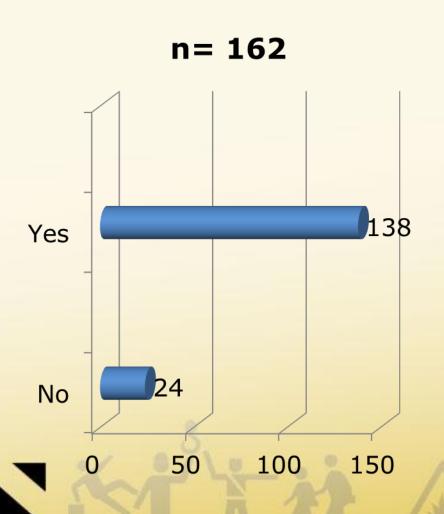
Quotes from Florida Drivers

- "I consider myself a safe driver, but going to CarFit made me more comfortable in the car by adjusting the steering wheel. The airbag will not hit me in the face if I get into an accident."
- "How valuable this program is to come to senior adult facilities to remind us about car safety. I'm thankful for each volunteer."

"Informative. Good review. I learn something every day or I surely must be dead."

Trainee Question:

Will You Change anything in your own vehicle?





Quotes from Trainees:

- I will help my grandparents with their cars
- Mirror adjustment training was very helpful
- ...the way I wear my seatbelt & how far I distance myself from the wheel
- I was shocked to learn how "off" my mirrors were!
- Make sure my children & husband know this stuff



Summary

- Think about driving safety sooner rather than later
- Catalyst for conversations
- Connectivity
- Meaningful experience for drivers & volunteers

Fun! Free! Fast!

