

## Community Services Professional Development Thursday, April 25, 2013

Gerontological
Association

## **Workshop Program**

8:00 am – 8:30 am Registration and Continental Breakfast

8:30 am – 8:45 am Welcome and Introduction to the Importance of Getting Around

Elinor Ginzler, Virginia Thomas, and Nanette Schieke

8:45 am – 9:45 am **The Effects of Aging on Health, Driving & Personal Mobility**Barbara Resnick and Timothy Jones

How normal aging can affect health and impact driving ability; age-related conditions that influence driving skills, walking ability, and ability to navigate the travel environment; how a wellness approach supports safe driving; key indicators & complexities of driving; and steps individuals can take to maintain health & stay safe on the road.

9:45 am - 10:00 am BREAK/Refreshments

10:00 am – 11:30 am **Assessing Functional Ability & Promoting Driving Longevity Deondra Jones, Fran Carlin-Rogers, and Jennifer Holz** 

Medical Review Process – how it works & how it can help; how to identify functional decline (warning signs etc) and role of professionals in addressing functional decline that impacts the ability to stay mobile; identifying resources to help seniors adapt to health conditions and meet their needs, such as CarFit; and identify resources to both family members and professionals working with clients who may be in need of transitioning from driving.

11:30 am - 12:30 pm LUNCH

12:30 pm – 1:30 pm **Considerations for a Personal Transportation Plan & Helping**Families

Virginia Dize, Catherine R. Willis, and Joanne E. Williams

Programs, services & resources to help families & clients as they seek to stay engaged in their communities as they age and need mobility options; identify programs from calculating financial value of car ownership to resources available when transitioning from driving to mobility alternatives; and the abc's of using public transit and the role of mobility management to maximize mobility.

1:30 pm - 1:45 pm BREAK/Refreshments

1:45 pm – 3:00 pm Case Presentations of At-Risk Drivers / Discussion of

Appropriate Prevention, Intervention, & Resilience

**Elinor Ginzler and Deondra Jones** 

## **Presenters for Community Services Workshop**

Elinor Ginzler
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Virginia Thomas, President Maryland Gerontological Association Baltimore, MD mdgero@gmail.com

Nanette Schieke, Chief Driver Safety Division Maryland Motor Vehicle Adminisration Glen Burnie, MD nschieke@mdot.state.md.us

Barbara Resnick, PhD, CRNP Professor, Department of Organizational Systems and Adult Health University of Maryland School of Nursing Baltimore, MD barbresnick@gmail.com

Timothy Jones OTR/L, CHT, CDRS, CDI Rehabilitation of Frederick Frederick, MD Ottjones1@yahoo.com

Deondra Jones, Division Manager Driver Wellness & Safety Maryland Motor Vehicle Administration Glen Burnie, MD djones5@mdot.state.md.us Fran Carlin-Rogers, Senior Transportation Consultant Carlin Rogers Consulting Senior Transportation Consultant & CarFit Instructor Orlando, FL Fcr201@aol.com

Jennifer Holz, Associate State Director AARP Maryland State Office iholz@aarp.org

Virginia Dize, Co-Director
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